



AHMEDABAD OBSTETRICS AND GYNAECOLOGICAL SOCIETY

# AOGS TIMES

## VIHAAN

MARCH 2024 | VOLUME 12

MOTTO : REDEFINING WOMEN HEALTH

THEME : CATCH THEM YOUNG

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Dr. Ashish Varma

Dr. Azadeh Patel

Dr. Chintan Gandhi

Dr. Darshan J. Shah

Dr. Hina Shah

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Dr. Suresh Patel

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Dr. R. G. Patel

Dr. Kaushik Vyas

Dr. Snehal Kale

Dr. Sujal Munshi

### Editors

Dr. Munjal Pandya

Dr. Azadeh Patel

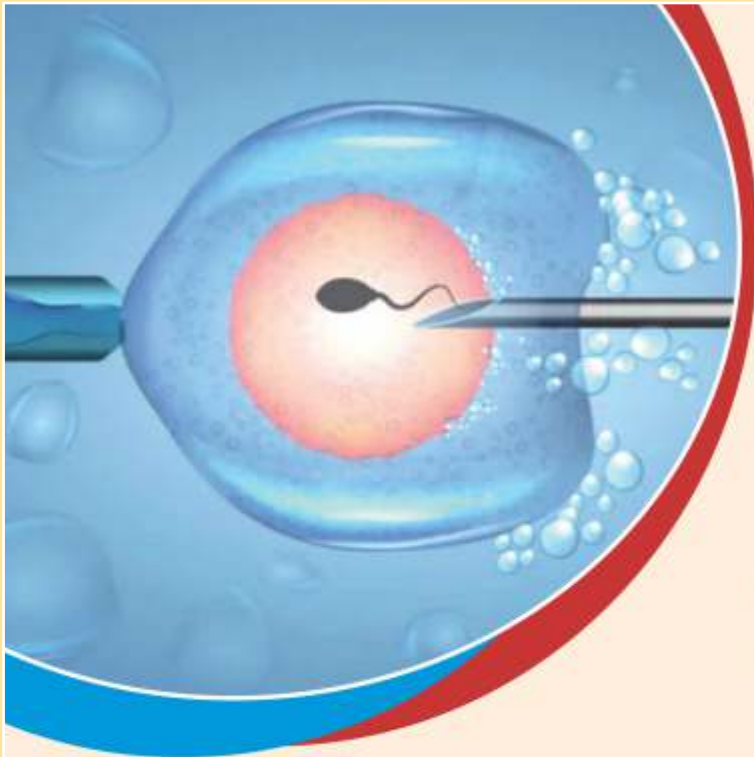
ॐ धृष्णेश्वराय नमः ।



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**Dr. Mukesh Savaliya**  
President

TEAM AOGS  
MESSAGE



**Dr. Mukesh Patel**  
Hon. Secretary

Dear Members,

It has been a fantastic year for all of us! Thank you for extending your whole hearted support all throughout our tenure.

We've had successful conferences and many of CMEs and we thank you for all of your constant encouragement and attendance to contribute to all the events and making them successful!

We look forward to welcome new team AOGS 2024-25 under leadership of forthcoming President Dr. Sunil Shah.

We wish all of you best of the times ahead and may we keep on working as United front leading to more peaceful and content life!

Thank you!

Team AOGS 2023-24

## EDITOR MESSAGE



**Dr. Munjal Pandya**  
Associate Professor,  
NMMC, Ahmedabad

Dear Members,

I thank you for the warm response to all issues of AOGS Times, I'm grateful to all of you for always inspiring me to give the best possible in this endeavour.

Thank you, Mukesh Savaliya sir and Mukesh Patel sir for giving this opportunity of working as Editor of the Bulletin, I hope I've done justice to the responsibility bestowed upon me.

Thank you, Dr. Azadeh Patel for being an active editor and helping to shape up every issue with enthusiasm.

Wishing all of you the best of the times and May all of us keep our journey of enlightenment called life, aligned and full of love and peace...

## EDITOR MESSAGE



**Dr. Azadeh Patel**  
Clinical Leader &  
Senior IVF Specialist,  
ART Fertility Clinics

Dear Members,

I thank you for constant support and encouragement for my role as an editor. I thank all the contributors for sending their articles on time and making this bulletin to reach the members on time!

I thank Dr. Mukesh Savaliya sir and Dr. Mukesh Patel sir for giving me this responsibility of editing the this year's AOGS Times 'Vihaan'. I thank Dr. Munjal Pandya for his constant guidance and support.

It has been a great learning experience for me and I thank all of you for the consistent positive feedback and appreciation.

Wishing you all happy times in all segments of life.



TEAM AOGS 2023 - 2024



**Dr. Mukesh Savaliya**  
President



**Dr. Mukesh Patel**  
Hon. Secretary



President - Elect  
Dr. Sunil Shah



Vice President  
Dr. Sanjay Shah



Hon. Treasurer  
Dr. Shashwat Jani



Hon. Jt. Secretary  
Dr. Mahesh Jariwala



Clinical Secretary  
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Dr. R. G. Patel



Dr. Kaushik Vyas



Dr. Snehal Kale



Dr. Sujal Munshi

# TEAM AOGS 2024 - 2025



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President



**Dr. Akshay Shah**  
Hon. Secretary



President - Elect  
Dr. Nita Thakre



Vice President  
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Clinical Secretary  
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Dr. Hardik Chauhan



Dr. Jayneel Shah



Dr. Mahesh Jariwala



Dr. Nisarg Dharaiya



Dr. Premal Shah



Dr. Shashwat Jani



Dr. Viral J. Patel

: Ex-Officio :



Dr. Mukesh Savaliya



Dr. Mukesh Patel



# “શક્તિ”

ખુબ નસીબદારના ઘરમાં દીકરી તરીકે જન્મતી,  
 ભલભલા કઠાવર મનુષ્યને પણ પળવારમાં પીગાળી શકતી એ દીકરી,  
 પિતાનો હાથ પકડીને ચાલે ત્યારે સમગ્ર બ્રહ્માંડની અનુભૂતિ કરાવતી એ દીકરી,  
 મિત્રોને એક પરિપક્વતા સાથે માર્ગદર્શન આપતી,  
 ઘરને હરહંમેશ ખિલ્યું રાખતી,  
 સમગ્ર પરિવાર અને મિત્રોને પ્રેમ, હૂંફ અને કાળજીથી સંકલિત રાખતી,  
 ખૂબ ભણીને પોતાના વ્યવસાય અને લગ્ન પછી નવા ઘરને પણ પોતાની એક નવી જવાબદારી તરીકે  
 લઈને જોશભેર નિભાવતી,  
 પરિવારના કુળદીપકને 9 મહિના પોતાના અંગ તરીકે રાખીને માતા તરીકે રૂપાંતરિત થતી,  
 અનહદ પ્રતિકુળ પરિસ્થિતિમાં પણ એના હાથના સ્પર્શ માત્રથી તમારા ઉચાટને  
 માતા/પ્રેયસી/દીકરી/પત્ની તરીકે પળવારમાં ગાયબ કરતી,  
 સ્વની ઇચ્છાઓને છેક છેલ્લે પ્રાધાન્ય આપતી,  
 દરેક ક્ષેત્રમાં પોતાની સર્વસ્વ ક્ષમતા અને સમર્પણ આપતી,  
 શિવને પણ પડકાર આપતી એ પાર્વતી,  
 રાવણને આંખના પલકારામાં નષ્ટ કરી શકવાની ક્ષમતા ધરાવતી એ સીતા,  
 હસ્તિનાપુરના એ મહેલને અગ્નિથી ભસ્મ કરવાના આરે આવેલી એ દ્રૌપદી,  
 જેનો પ્રકોપ રોકવા સ્વયં શિવને મહેનત કરવી પડે એ મા કાલી,  
 હેત અને પ્રેમની પ્રતિકૃતિ યશોદા-દેવકી-રાધા અને સમય આવે એમ રૌદ્ર સ્વરૂપ ધારણ કરતી મા  
 દુર્ગા...  
 સમગ્ર સૃષ્ટિની આધારસ્તંભ, ‘શક્તિ’નું માનવસ્વરૂપ એટલે સ્ત્રી...  
 જનમોજનમ લઈને પણ એના અસ્તિત્વને સમજવું મેશકેલ છે, એવી કુદરતની એક અનોખી રચના  
 એટલે સ્ત્રી...  
 માતા, બહેન, પત્ની, મિત્ર એમ દેવીઓનાં વિવિધ રૂપોની જેમ વિવિધ ‘Roles’ ખુબ સાહજિકતાથી  
 નિભાવતી એ સ્ત્રી...  
 એક ચોક્કસ યોગ્યતા/લાયકાત હોય તો જ જીવનમાં જે પ્રવેશે એવી ઈશ્વરની અદ્ભુત ભેટ એટલે  
 સ્ત્રી...  
 આપણને સર્જનાત્મકતાના શિખરો સર કરવા માટે એની હાજરી માત્રથી પ્રોત્સાહિત કરતી, અને જેની  
 ગેરહાજરી માત્રથી આપણા સમગ્ર જગતને ભસ્મ કરી શકતી એ ‘શક્તિ’ એટલે સ્ત્રી...  
 જેના વગર શિવ પણ અધૂરા છે, એ શક્તિને યાદ કરવા કોઇ ચોક્કસ દિવસ ન હોય,  
 એની આરાધના વગર દિવસનું પોતાનું મહત્વ જ ન હોય...  
 - મુંજાલ

Happy Women's Day!

શુભ મહા-શિવરાત્રી



# Sensitization Workshop for Strengthening Midwifery Collaborative Care

Date : 19.03.2024





Very good job...both Mukesh...  
you have done wonderful programs  
silently and  
efficiently though out your tenure...  
may God bless you always

- Dr. Mehul Damani

Excellent...  
great job done by both of you guys

- Dr. B. I. Patel

Extra ordinary planning in each and every event,  
we enjoy academic programs and entertainment  
activities. every event we feel homely environment  
just like family get together instead of formality.  
Just say super se uper

- Dr. Rajendra A. Patel

Respected Both Mukeshbhai.  
Keep up the great work, and I look forward to  
seeing more positive developments under your  
leadership in future.  
Extremely good responsibility you both  
shouldered in your tenure....

- Dr. Girish Patel

Good morning  
Dear friend Mukesh  
You are a big hearted person that I know,  
and you proved it . Every body want to be closer  
to you because of your nature .  
Thank you so much for your support .

- Dr. Jayesh Amin

I m very happy. it was a pleasant year under  
Dr .Mukesh square guidance.  
excellent cmes , programmes, conferences nd  
academics feast.  
all the best to both of you for future.

- Dr. Bina Patel

Dear AOGS Committee  
What a memorable year..  
Lots of knowledge packed programs, Bundles of exiting tours  
Meticulous coordination  
Determined leadership  
In nutshell it was a great year of Ocean of INFOTAINMENT  
Thanks to all committee members for everything  
I thoroughly enjoyed this year

- Dr. Falgoon Parikh

Dr Mukesh square did excellent academic  
activities this year. all conferences and  
workshops were full of knowledge and  
strength. during this year beginners getting  
good knowledge about new innovative technologies.  
both president and secretary needs  
standing ovation. congratulations for your  
wonderful work.

- Dr. Mehul Sukhadiya

Dear Mukesh and Mukesh  
We witnessed enthrilling year of AOGS  
during your tenure.  
It consisted of academics with unique conferences  
like PPH conclave, Logycon and ISAR as well as fun  
filled Goa tour. Enjoyed thoroughly.  
Recognizing your painstaking efforts to  
make every programme successful.

- Dr. Kaushik Vyas

Hi dear,  
You both Mukesh were rocking throughout the year.  
All can mark out  
Your sincerity, honesty and hard work.  
We are thankful for Your efforts  
To solve AOGS members' issues.  
Hope you keep inspiring new coming team the same way.  
Your tenure will be remembered by us for many coming years  
with happy memories.  
Wish you and whole team  
Happy, healthy and bright future.  
Thanks a lot.

- Dr. Divyang A. Patel

DEAR PRESIDENT/SECRETARY.  
AOGS

DEAR FRIEND,  
MY HEARTIEST CONGRATULATIONS TO YOU AND YOUR TEAM FOR  
COMPLETING A VIBRANT ACADEMIC YEAR 2023-24 .  
I FEEL PROUD BEING A MEMBER OF THIS ORGANIZATION. GOOD SCIENTIFIC ACTIVITIES &  
SOCIAL FOR THE MEMBERS.  
VERY GOOD ORATION BY DIFFERENT FACULTIES.

MY BEST WISHES TO YOU FOR THE BRIGHT FUTURE.  
THANKS

- DR. DILIP GADHAVI (V.P. IMA. GUJARAT)

I would like to congratulate Dr. Mukesh Savaliya and Dr. Mukesh Patel for competing their  
tenure successfully. This is very difficult to run any organization now a days because of many  
reasons.  
But they did it and materialise some wonderful conferences and CMEs. Icing on the cake was  
Golden jubilee oration awarded to Dr. Mahesh Gupta with jam packed Hall.  
I wish them all good luck for their future.

- Dr. Mahesh Gupta

Under the leadership of Dr Mukesh patel and Dr Mukesh Savaliya Academic, professional, or  
personal experiences with AOGS over the course of a year can vary widely. From attending  
conferences, presenting research papers, networking with fellow gynaecologist, to engaging in  
workshops and discussions, each experience contributes to both academic growth and  
entertainment in the realm of gynaecology as well as obstetric. It offers a platform for learning,  
collaboration, and enjoyment within the scientific community.

- Dr. Mohil patel

It's time for saying thanks to the current aogs team  
who had an amazing tenure full of cme's workshops  
orations and not to mention the gigantic logicon with  
nationwide faculties and highly enlightining topics.  
Both dr Mukesh savaliya and dr mukespatel are very  
helpful and welcome people who want to work for  
the society with great warmth.

- Dr. Monika Patel

Congratulations President Dr Mukesh Savalia and Secretary Dr. Mukesh Patel for successful,  
meaningful and non- controversial year.  
Both the conferences were very successful. Enough number of CMEs, and successful acedemic  
trip to Goa were well attended and appreciated.  
AOGS became once again vibrant with more and more numbers are taking interest.  
Long Live AOGS.

- Dr. Jignesh Shah



# Installation Ceremony - Date : 16<sup>th</sup> April, 2023 Sunday



## Inaugurate our new Auditorium "THE GLORY" Date : 15.04.2023, Saturday



## ICOG CME - Date : 14.05.2023





PPH CONCLAVE DATE : 16,17,18, JUNE 2023



YOGA DAY DATE : 21st JUNE 2023



EDUCATIONAL CME - DATE : 09.07.2023





AHMEDABAD OBSTETRICS & GYNAECOLOGICAL SOCIETY  
Organises

# FOGSI WEST ZONE V. P. CONFERENCE



# LOGYCON 2023

Venue : Ahmedabad Management Association (AMA) Ahmedabad, Gujarat.



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AUGUST 2023



Dr. Hrishikesh D. Pai  
FOGSI President



Dr. Madhuri Patel  
FOGSI Secretary General



Chairperson  
Dr. Mukesh Savaliya



Chairperson  
Dr. Geetendra Sharma



Secretary  
Dr. Mukesh Patel



Secretary  
Dr. Phagun Shah

## AOGS MIDTERM BLAST, GOA DATE - 1,2,3, SEPTEMBER 2023



## FOGSI - AOGS SOCIAL AWARENESS PROGRAMME ON SAFE ABORTION AND CONTRACEPTION PRACTICE HELD ON 22<sup>ND</sup> SEPTEMBER, 2023 AT NURSING COLLEGE SHETH V.S. HOSPITAL AHMEDABAD

Programme Co Ordinator : Dr. Shashwat Jani

Following Stalwarts of AOGS were Present & Delivered their Talks on Safe Abortion & Contraception Practices.

Dr. Parul T shah Professor & HOD | Dr. Sushma Shah Professor & HOU | Dr. Pushpa Yadav Professor & HOU  
Dr. Rupa Vyas Associate Professor | Dr. Kruti Deliwala Associate Professor





# 46<sup>TH</sup> SOGOG 2023

22 23 24 DECEMBER 2023

Venue : GMERS Medical College, Himatnagar



## AHMEDABAD OBSTETRICS AND GYNAECOLOGICAL SOCIETY

### GOLDEN & SILVER JUBILEE ORATION OF AOGS

**DATE : 11.02.2024, SUNDAY**

**TIME : 08.30 AM - 12.30 PM**

**VENUE :**

**ITC NARMADA, VASTRAPUR, AHMEDABAD.**

Chairpersons



**Dr. Mukesh Savaliya**  
President, AOGS



**Dr. Mukesh Patel**  
Hon. Secretary, AOGS



**Dr. Kamini Patel**  
Past President, AOGS







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### OUR DOCTORS TEAM



#### DR. PRAKASH PATEL

Clinical Director  
Infertility & IVF Specialist  
Diploma in Adv. Laparoscopy (France)  
Diploma in Sonography (Croatia)



#### DR. AJAY PRAJAPATI

M.S. Gynec  
Fetal Medicine Expert & Infertility Specialist

#### DR. HARDIK SAVALIYA

Obstetrician & Gynecologist  
Infertility Specialist

#### DR. PURVI SHAH

M.B.B.S., D.G.O.  
Fetal Medicine Expert

#### DR. PAYAL PATEL

MS Obstetrician, Gynecologist  
Infertility Specialist

#### DR. SAURABH TRIVEDI

M.Sc., PGD in ART  
Chief Embryologist



IUI - IVF - ICSI  
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# SNEH

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**PRAHLADNAGAR :** 3rd Floor, Sahajanand Palace, Above Gopi Restaurant, Anandnagar Cross Road, Prahladnagar, Ahmedabad-15.

### OUR TEAM

**Dr. Nisarg Dharaiya** (Director & Chairman)

**Dr. Ushma Patel | Dr. Shetal Deshmukh**

**Dr. Khushali Shah | Dr. Rushi Patel | Dr. Krunal Modi**

### SERVICES

IVF	3D/4D SONOGRAPHY
IUI	INFERTILITY WORKUP
ICSI	BLASTOCYST CULTURE
SURGERY	MALE INFERTILITY
PGD/PGS	(TESA/PESA-MICRO TESE)



## AWARDS & ACHIEVEMENT OF SNEH HOSPITAL & DOCTOR TEAM

- Awarded as **HEALTHCARE LEADERSHIP AWARDS 2021** for Best Gynecologists & Infertility Specialist in Gujarat
- Awarded as **NATIONAL QUALITY ACHIEVEMENT AWARDS 2021** for Best Ivf & Infertility Surrogacy Centre of Gujarat & Ahmedabad.
- Awarded as "Gujarat NU GAURAV" for work in Healthcare sector by the **CHIEF MINISTER of Gujarat Shri. Vijay Rupani**. The felicitation was done considering extensive work of SNEH HOSPITAL in field of Infertility & IVF Treatment across Gujarat we announce proudly that we are the part of "**JOURNEY OF GROWTH & PROSPERITY OF GUJARAT, INDIA**"
- National Healthcare excellence award 2019 held at Delhi in presence of Health Minister of India Best awarded as a best IVF hospital of Gujarat
- Awarded as "**Asia's greatest Brand**" by One of the biggest in the asian subcontinent reviewed by price water house coppers p.l. for the category of asia's greatest 100 brands the year.
- International health care award 2017 & certificate of excellence presented to "**SNEH HOSPITAL & IVF CENTER**" for best upcoming IVF & Women infertility hospital of gujarat
- International health care award 2017 & certificate of excellence presented to most promising surgeon inOBST & Gynac
- The best male infertility specialist & IVF center of india awarded by india healthcare award
- The best women's hospital & IVF center in gujarat by the Golden star healthcare awards

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## PRESENTING THE FIRST EVER STUDY FROM INDIA ON CARCINOMA ENDOMETRIUM

### SURGICOPATHOLOGICAL OUTCOMES AND SURVIVAL IN CARCINOMA BODY UTERUS: A RETROSPECTIVE ANALYSIS OF CASES MANAGED BY LAPAROSCOPIC STAGING SURGERY IN INDIAN WOMEN

**Objectives:** The context of this article is based on two main titles those being Gynecologic Oncology and Minimal invasive surgery. **The aim of this study was to report the laparoscopic management of a series of cases of endometrial carcinoma managed by laparoscopic surgical staging in Indian women.**

**Materials and Methods:** This study was conducted in a private hospital (referral minimally invasive gynecological center). This was a retrospective study (Canadian Task Force Classification II-3). Eighty-eight cases of clinically early-stage endometrial carcinoma staged by laparoscopic surgery and treated as per final surgicopathological staging. All patients underwent laparoscopic surgical staging of endometrial carcinoma, followed by adjuvant therapy when needed. Data were retrieved regarding surgical and pathological outcomes. Recurrence-free and overall survival durations were measured at follow-up. Survival analysis was calculated using Kaplan–Meier survival analysis.

**Results:** The median age of presentation was 56 years, whereas the median body mass index was 28.3 kg/m<sup>2</sup>. Endometrioid variety was the most commonly diagnosed histopathology. There were no intraoperative complications reported. The median blood loss was 100 cc, and the median intraoperative time was 174 min. There were a total of 5 recurrences (5.6%). The outcome of this study was comparable to studies conducted in Caucasian population. **The predicted 5-year survival rate according to Kaplan–Meier survival analysis is 95.45%, which is comparable to Caucasian studies.**

**Conclusion:** Laparoscopic management of early-stage endometrial carcinoma is a standard practice worldwide. However, there is still a paucity of data from the Indian subcontinent regarding the outcomes of laparoscopic surgery in endometrial carcinoma. The Asian perspective has been highlighted by a number of studies from China and Japan. **To our knowledge, this study is the first from India to analyze the surgicopathological outcomes following laparoscopic surgery in endometrial carcinoma.** The outcome of this study was comparable to studies conducted in Caucasian population.

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